

MARCH

2025

Gym Hours of Operation

Monday-Thursday- 10:00 am- 8:00 pm

Friday- 10:00 am- 7:00pm

Saturday- 10:00 am- 6:00pm

Sunday- Closed

AUBURNDALE COMMUNITY CENTER
405 Bennett St. Auburndale, FL 33823
863-965- 6362 www.auburndalefl.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2	3	4	5	6	7	8
GYM CLOSED	PICKLEBALL QUILTING JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL ART JUDO AEROBICS BADMINTON OPEN-GYM	PICKLEBALL KARATE CARD-PLAYING OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	YBOA CENTRAL FL SPRING SHOWCASE
9	10	11	12	13	14	15
YBOA CENTRAL FL SPRING SHOWCASE	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL ART JUDO AEROBICS BADMINTON OPEN-GYM	PICKLEBALL CARD-PLAYING KARATE ZUMBA OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM
16	17	18	19	20	21	22
GYM CLOSED	*NO SCHOOL* PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	*NO SCHOOL* PICKLEBALL KARATE OPEN-GYM	*NO SCHOOL* PICKLEBALL ART JUDO AEROBICS BADMINTON OPEN-GYM	*NO SCHOOL* PICKLEBALL CARD-PLAYING KARATE OPEN-GYM	*NO SCHOOL* PICKLEBALL JUDO OPEN GYM	OPEN-GYM
23	24	25	26	27	28	29
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM-1 SIDE AYBSL	PICKLEBALL ART JUDO AEROBICS BADMINTON OPEN-GYM	PICKLEBALL CARD-PLAYING KARATE ZUMBA OPEN-GYM-1 SIDE AYBSL PRACTICE	PICKLEBALL JUDO OPEN GYM	OPEN-GYM
30	31	APRIL 1	2	3	4	5
GYM CLOSED	PICKLEBALL QUILTING JUDO AEROBICS OPEN-GYM	PICKLEBALL KARATE OPEN-GYM-1 SIDE AYBSL PRACTICE/GAMES	PICKLEBALL ART JUDO AEROBICS BADMINTON OPEN-GYM	PICKLEBALL CARD-PLAYING KARATE ZUMBA OPEN-GYM-1 SIDE AYBSL PRACTICE/GAMES	PICKLEBALL JUDO OPEN GYM- CLOSED @ 5PM	AAU CITRUS GROVE GRAND PRIX VOLLEYBALL TOURNAMENT

AUBURNDALE COMMUNITY CENTER

DAILY ACTIVITIES/ CLASSES OFFERED & DESCRIPTION

- **Pickle Ball** - Pickleball is a fun, social and friendly game! The rules are simple, and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game. Free to ALL AGES **Monday-Friday ONLY- Starts @ 10am- Ends @ 2:30pm** Contact Rob Striegel @ rob_striegel@hotmail.com/Brian Toune @ bltoune@aol.com for more information.
- **Open Gym for Basketball** - Time when all individuals can play basketball in the gym without structure or instruction. Free to ALL AGES- **Starts @ 12pm MONDAY-THURSDAY/FRIDAY @10am**
- **Auburndale Youth Basketball Spring League** - Basketball league catering to ages 5-15. Mission to give kids an experience where they can learn and play the game of basketball. For more information about the league and the registration process, follow/message "Auburndale Youth Basketball" on Facebook or email auburndaleyouthbasketball@gmail.com **Practices on Tuesday and Thursday starting 03/25/25 @ 5:30pm/ Games are played on Tuesday and Thursday.**
- **Rockland Judo** - Japanese martial art and sport that emphasizes quick movement, leverage, and using an opponent's force to one's advantage. Aimed to be the highest and most efficient use of both physical and mental energy. **Monday, Wednesday, & Friday ONLY Starts @ 5pm- Close** Refer to Sensei Michael @ 914-527-5490 for prices and more information.
- **Main Street Karate Dojo** - teach and practice traditional martial arts through American Goju Karate. Goju-ryu karate incorporates both hard and soft techniques, including kicks, punches, joint locks, grappling, and throws. **Tuesday & Thursday ONLY 5:30pm-Close** Refer to Sensei Larry for prices! 863-289-4607 for more information.
- **Badminton** - Fun a fast-paced racket sport that involves hitting a shuttlecock over a net into the opponent's court. Free to ALL AGES **Wednesday ONLY 6:30pm- 8pm** * Must be a group of 4 or more to play. Please contact Sampson Abraham 863-397-7020 for more information.
- **Xtreme Aerobics** - High energy toning and cardio class offered by Licensed Xtreme Instructor Carla Davis \$10/class-**Monday. & Wednesday ONLY 6pm-7:30pm**-Contact Carla Davis @ cdavis27@gmail.com for more information.
- **Zumba with Monica** - 1 Hour dance fitness class with Latin rhythms like salsa, meringue, and cha cha! No experience needed Beginners are welcome! **Thursday ONLY 6pm-7:30pm** Contact **Monica** Licensed Zumba Instructor @ nurse5wm@gmail.com for more information.
- **Card Playing Club** - Group of individuals gather to play fun card games.-**Thursday ONLY 1pm-5pm** Contact Janice Matthews 863-551-8150 / Rita Gym- 863-224-1834 for more information.
- **Quilting Class** - Group of individuals gather to stitch multiple layers of fabric together to create padded material, typically for a quilt or quilted garment. Must provide own supplies. Free to ALL AGES **Monday ONLY 10am- 2pm** Contact Barbara Whitney @ grammybabs65@comcast.net for more information.
- **Art Class** - Place where individuals can learn to draw, paint, and develop their artistic skills. Must provide your own art materials. Free to ALL AGES - **Wednesday ONLY 11am-4pm** Contact Carol Frye @ cfrye4art@msn.com for more information.