

# MARCH

# 2026

## Gym Hours of Operation

Monday-Thursday- 10:00 am- 8:00 pm

Friday- 10:00 am- 7:00pm

Saturday- 10:00 am- 6:00pm

Sunday- Closed

AUBURNDALE COMMUNITY CENTER  
405 Bennett St. Auburndale, FL 33823  
863-965- 6362 www.auburndalefl.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 1	2	3	4	5	6	7
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM until 5pm 19 VOLLEYBALL	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	YBOA CENTRAL FL SHOWCASE
8	9	10	11	12	13	14
YBOA CENTRAL FL SHOWCASE	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM until 5pm 19 VOLLEYBALL	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL JUDO OPEN-GYM *EARLY DISMISSAL FROM SCHOOL *	OPEN-GYM
15	16	17	18	19	20	21
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM until 5pm 19 VOLLEYBALL *SPRING BREAK*	PICKLEBALL KARATE ZUMBA OPEN-GYM *SPRING BREAK*	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM *SPRING BREAK*	PICKLEBALL KARATE OPEN-GYM *SPRING BREAK*	PICKLEBALL JUDO OPEN-GYM *SPRING BREAK*	OPEN-GYM
22	23	24	25	26	27	28
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM until 5pm 19 VOLLEYBALL	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL JUDO OPEN-GYM- until 5pm	MACH 3 VOLLEYBALL TOURNAMENT
29	30	31	APRIL 1	2	3	4
MACH 3 VOLLEYBALL TOURNAMENT	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM until 5pm 19 VOLLEYBALL	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM

# AUBURNDALE COMMUNITY CENTER

## DAILY ACTIVITIES/ CLASSES OFFERED

### DESCRIPTION & CONTACT INFORMATION

- **Pickle Ball**- Pickleball is a fun, social and friendly game! The rules are simple, and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game. Free to ALL AGES  
Monday-Friday ONLY- Starts @ 10am- Ends @ 2:30pm Mon./Wed./Fri.- Competitive Tues./Thurs.-  
Recreational
- **Open Gym for Basketball**- Time when all individuals can play basketball in the gym without structure or instruction. Free to ALL AGES- Starts @ 12PM/Ends @8pm MONDAY-THURSDAY  
FRIDAY/SATURDAY STARTS @ 10AM/ENDS @ CLOSING TIME
- **Rockland Judo**- Japanese martial art and sport that emphasizes quick movement, leverage, and using an opponent's force to one's advantage. Aimed to be the highest and most efficient use of both physical and mental energy. Monday, Wednesday, & Friday ONLY Starts @ 5pm- Close Refer to Sensei Michael @ 914-527-5490 for prices and more information.
- **Main Street Karate Dojo**- teach and practice traditional martial arts through American Goju Karate. Goju-ryu karate incorporates both hard and soft techniques, including kicks, punches, joint locks, grappling, and throws. Tuesday & Thursday ONLY 5:30pm-Close Refer to Sensei Larry for prices!  
863-289-4607 for more information.
- **Badminton**- Fun a fast-paced racket sport that involves hitting a shuttlecock over a net into the opponent's court. Free to ALL AGES Wednesday ONLY 6:00pm- 8pm \* Must be a group of 4 or more to play. Please contact Sampson @ 863-397-7020/Stephen @ 863-734-9085 for more information.
- **Xtreme Aerobics**- High energy toning and cardio class offered by Licensed Xtreme Instructor Carla Davis-Monday. & Wednesday ONLY 6pm-7:30pm-Contact Carla @ [cddavis27@gmail.com](mailto:cddavis27@gmail.com) for more information.
- **Zumba and Bellydance Classes**- Classes are dynamic and designed for different age groups. No previous experience needed, just a desire to learn, dance, and have fun! Tuesday ONLY 10:00 am- Gold Zumba, 5:00pm- Kids Zumba, 6:00pm-Teen/Adult Zumba, 7:00pm-Belly Dance Contact Shaira Amon at [www.shairaamon.com](http://www.shairaamon.com) or [shairaamondance@gmail.com](mailto:shairaamondance@gmail.com) for more information.
- **I9 Sports Youth Volleyball League**- Fun-driven skill development co-ed volleyball league designed for ages 7-15.Starts in March- Monday ONLY 5PM-8PM. Register at [i9sports.com/](http://i9sports.com/) 863-322-0286
- **Quilting Class**- Group of individuals gather to stitch multiple layers of fabric together to create padded material, typically for a quilt or quilted garment. Must provide own supplies. Free to ALL AGES Monday ONLY 10am- 2pm Contact Barbara Whitney @ [grammybabs65@gmail.com](mailto:grammybabs65@gmail.com) for more information.
- **Art Class**- Place where individuals can learn to draw, paint, and develop their artistic skills. Must provide your own art materials. Free to ALL AGES – Wednesday ONLY 11am-4pm Contact Carol Frye @ [cfrye4art@msn.com](mailto:cfrye4art@msn.com) for more information.