

MAY

2026

Gym Hours of Operation

Monday-Thursday- 10:00 am- 8:00 pm

Friday- 10:00 am- 7:00pm

Saturday- 10:00 am- 6:00pm

Sunday- Closed

AUBURNDALE COMMUNITY CENTER
 405 Bennett St. Auburndale, FL 33823
 863-965- 6362 www.auburndalefl.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY 3	4	5	6	7	8	9
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM Spring League Basketball	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM Spring League Basketball	PICKLEBALL JUDO OPEN-GYM	TANGERINE TANGO VOLLEYBALL TOURNAMENT
10	11	12	13	14	15	16
TANGERINE TANGO VOLLEYBALL TOURNAMENT	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM Spring League Basketball	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM Spring League Basketball	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM
17	18	19	20	21	22	23
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	YBOA SUMMER SLAM TOURNAMENT
24	25	26	27	28	29	30
YBOA SUMMER SLAM TOURNAMENT	GYM CLOSED HAPPY MEMORIAL DAY	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART AEROBICS BADMINTON JUDO OPEN-GYM	PICKLEBALL KARATE OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	YBOA BOYS STATE CHAMPIONSHIP TOURNAMENT
31	JUNE 1	2	3	4	5	6
YBOA BOYS STATE CHAMPIONSHIP TOURNAMENT	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM BADMINTON	PICKLEBALL ART AEROBICS JUDO OPEN-GYM UNTIL 5 PM HS SUMMER LEAGUE	PICKLEBALL KARATE OPEN-GYM JV SUMMER LEAGUE-1 SIDE	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM

AUBURNDALE COMMUNITY CENTER

DAILY ACTIVITIES/CLASSES OFFERED

DESCRIPTION & CONTACT INFORMATION

- **Pickle Ball**- Pickleball is a fun, social and friendly game! The rules are simple, and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game. Free to ALL AGES
Monday-Friday ONLY- Starts @ 10am- Ends @ 2:30pm Mon./Wed./Fri.- Competitive Tues./Thurs.-
Recreational
- **Auburndale Youth Spring Basketball League**- A fun league designed for individuals from the age of 7-15 to compete and practice the game of basketball. **Tuesday and Thursday From 5-9pm**
Contact AYBL on FaceBook at "Auburndale Youth Basketball League" or TEXT ONLY at (770) 727-5678 for additional information.
- **Open Gym for Basketball**- Time when all individuals can play basketball in the gym without structure or instruction. Free to ALL AGES- **Starts @ 12PM/Ends @8pm MONDAY-THURSDAY FRIDAY/SATURDAY STARTS @ 10AM/ENDS @ CLOSING TIME**
- **Rockland Judo**- Japanese martial art and sport that emphasizes quick movement, leverage, and using an opponent's force to one's advantage. Aimed to be the highest and most efficient use of both physical and mental energy. **Monday, Wednesday, & Friday ONLY Starts @ 5pm- Close** Refer to Sensei Michael @ 914-527-5490 for prices and more information.
- **Main Street Karate Dojo**-teach and practice traditional martial arts through American Goju Karate. Goju-ryu karate incorporates both hard and soft techniques, including kicks, punches, joint locks, grappling, and throws. **Tuesday & Thursday ONLY 5:30pm-Close** Refer to Sensei Larry for prices! 863-289-4607 for more information.
- **Badminton**- Fun a fast-paced racket sport that involves hitting a shuttlecock over a net into the opponent's court. Free to ALL AGES **Wednesday ONLY 6:00pm- 8pm** * Must be a group of 4 or more to play. Please contact Sampson @ 863-397-7020/Stephen @ 863-734-9085 for more information.
- **Xtreme Aerobics**- High energy toning and cardio class offered by Licensed Xtreme Instructor Carla Davis-**Monday. & Wednesday ONLY 6pm-7:30pm**-Contact Carla @ cddavis27@gmail.com for more information.
- **Zumba and Bellydance Classes**- Classes are dynamic and designed for different age groups. No previous experience needed, just a desire to learn, dance, and have fun! **Tuesday ONLY 10:00 am- Gold Zumba,5:00pm- Kids Zumba, 6:00pm-Teen/Adult Zumba, 7:00pm-Belly Dance** Contact Shaira Amon at www.shairaamon.com or shairaamondance@gmail.com for more information.
- **Quilting Class**- Group of individuals gather to stitch multiple layers of fabric together to create padded material, typically for a quilt or quilted garment. Must provide own supplies. Free to ALL AGES **Monday ONLY 10am- 2pm** Contact Barbara Whitney @ grammybabs65@gmail.com for more information.
- **Art Class**- Place where individuals can learn to draw, paint, and develop their artistic skills. Must provide your own art materials. Free to ALL AGES – **Wednesday ONLY 11am-4pm** Contact Carol Frye @ cfrye4art@msn.com for more information.