SEPTEMBER

2026

Gym Hours of Operation

Monday-Thursday- 10:00 am- 8:00 pm

Friday- 10:00 am- 7:00pm

Saturday- 10:00 am- 6:00pm

Sunday- Closed

AUBURNDALE COMMUNITY CENTER
405 Bennett St. Auburndale, FL 33823
863-965- 6362 www.auburndalefl.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST 30	31	SEPTEMBER 1	2	3	4	5
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART JUDO LINE DANCE BADMINTON OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM
6	7	8	9	10	11	12
GYM CLOSED	GYM CLOSED LABOR DAY	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART LINE DANCE AEROBICS BADMINTON OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL OPEN-GYM	OPEN-GYM
13	14	15	16	17	18	19
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART LINE DANCE AEROBICS JUDO BADMINTON OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM
20	21	22	23	24	25	26
GYM CLOSED	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART LINE DANCE AEROBICS JUDO BADMINTON OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	YBOA TOURNAMENT
27	28	29	30	OCTOBER 1	2	3
YBOA TOURNAMENT	PICKLEBALL QUILTING AEROBICS JUDO OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL ART LINE DANCE AEROBICS JUDO BADMINTON OPEN-GYM	PICKLEBALL KARATE ZUMBA OPEN-GYM	PICKLEBALL JUDO OPEN-GYM	OPEN-GYM

AUBURNDALE COMMUNITY CENTER

DAILY ACTIVITIES/ CLASSES OFFERED

DESCRIPTION & CONTACT INFORMATION

- Pickle Ball- Pickleball is a fun, social and friendly game! The rules are simple, and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game. Free to ALL AGES Monday-Friday ONLY- Starts @ 10am- Ends @ 2:00pm Mon./Wed./Fri.- Competitive Tues./Thurs.- Recreational
    - Pickleball Lessons- An opportunity to learn the rules about the game of pickleball, essential shots, and how to play fun, friendly games. Tuesday ONLY 6:30pm-7:30pm Contact Fred L. @ 850-241-2845
- Open Gym for Basketball- Time when all individuals can play basketball in the gym without structure or instruction. Free to ALL AGES- Starts @ 12pm/Ends @8pm MONDAY- FRIDAY/ SATURDAY STARTS @ 10AM/ENDS @ CLOSING TIME
- Rockland Judo- Japanese martial art and sport that emphasizes quick movement, leverage, and using an opponent's force to one's advantage. Aimed to be the highest and most efficient use of both physical and mental energy. Monday, Wednesday, & Friday ONLY Starts @ 5pm- Close Refer to Sensei Michael @ 914-527-5490 for prices and more information.
- Main Street Karate Dojo-teach and practice traditional martial arts through American Goju Karate. Goju-ryu karate incorporates both hard and soft techniques, including kicks, punches, joint locks, grappling, and throws. Tuesday & Thursday ONLY 5:30pm-Close Refer to Sensei Larry for prices! 863-289-4607 for more information.
- Badminton- Fun a fast-paced racket sport that involves hitting a shuttlecock over a net into the opponent's court. Free to ALL AGES Wednesday ONLY 6:00pm- 8pm * Must be a group of 4 or more to play. Please contact Sampson @ 863-397-7020/Stephen @ 863-734-9085 for more information.
- Xtreme Aerobics- High energy toning and cardio class offered by Licensed Xtreme Instructor Carla Davis- Monday. & Wednesday ONLY 6pm-7:30pm-Contact Carla @ cddavis27@gmail.com for more information.
- Zumba and Bellydance Classes- Classes are dynamic and designed for different age groups. No previous experience needed, just a desire to learn, dance, and have fun! Tuesday 10:00 am-11:00am Tues./Thurs 6:00pm-7:00pmTeen/Adult Zumba, Contact Shaira Amon at www.shairaamon.com or shairaamondance@gmail.com for more information.
- Line Dancing Classes- Line up to have fun, get fitness, and gain friendship through Line Dancing. Wednesday ONLY 1:00pm- 3:00pm- $5 Per Person. Contact Kim for more information @ 4everdancingkim@gmail.com
- Quilting Class- Group of individuals gather to stitch multiple layers of fabric together to create padded material, typically for a quilt or quilted garment. Must provide own supplies. Free to ALL AGES Monday ONLY 10am- 2pm Contact Barbara Whitney @ grammybabs65@gmail.comcast.net for more information.
- Art Class- Place where individuals can learn to draw, paint, and develop their artistic skills. Must provide your own art materials. Free to ALL AGES – Wednesday ONLY 11am-4pm Contact Carol Frye @ cfrye4art@msn.com for more information.